



Question, Persuade, and Refer (QPR) Training

Ask a question, save a life

QPR Gatekeeper Training

QPR is similar to learning the fundamentals of CPR to save lives. Gatekeepers can be anyone, but include parents, friends, neighbors, teachers, ministers, doctors, nurses, office supervisors, squad leaders, foremen, police officers, advisors, caseworkers, firefighters, and many others who are strategically positioned to recognize and refer someone at risk of suicide.

Training participants will learn 3 simple steps to help save a life from suicide:

- o Question: Recognize the warning signs of suicide and start a conversation
- o Persuade: Know how to offer hope
- o Refer: Know how to get help and save a life

Marshfield Medical Center- Beaver Dam and the Beaver Dam Area Chamber of Commerce are partnering to offer a free, one-hour QPR training to anyone in the community.

Training will be provided by Jennifer Smith, M.Ed., Program Coordinator with the Marshfield Clinic Health System Center for Community Health Advancement.

Please register by Wednesday, February 17: <https://www.surveymonkey.com/r/MCQBYK3>



Marshfield Medical Center
Beaver Dam

Virtual Training Options

Monday, February 22
5:30-6:30pm

Tuesday, February 23
12:00-1:00pm

Training information will be sent 1 week prior.

Contact:

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